

## Street banners to mark Matariki

A time to remember, to give thanks and plan for year ahead

**M**atariki signals the start of the Māori new year. The first public holiday to celebrate Matariki will be on Friday, June 24 this year. The Government has committed to ensuring mātauranga Māori is at the heart of celebrations of the Matariki public holiday.

"I'm so excited about the recognition of this occasion with a dedicated public holiday," said Rangi Huata, events and promotions manager for Ngati Kahungunu Iwi Inc.

"We started our first Matariki event on a cold, dismal night in Hastings

What makes the Matariki public holiday so significant is that, for the first time in the history of New Zealand, a seasonal indigenous Māori celebration has been recognised in this way.

back in 2000 and surprisingly hundreds of people turned up. Since then thousands have attended Matariki events all over Hawke's Bay and that's without the public holiday.

"I see many positive residuals from this decision. What makes the Matariki public holiday so significant is that, for the first time in the history of New Zealand, a seasonal indigenous Māori celebration has been recognised in this way.

"It's an amazing decision for our nation's politicians to approve this public holiday. Mind you, several attempts have been made in the past by the Māori Party and they have all fizzled due to lack of support. But as the cheesemaker says in those television ads, 'Good things take time'.

"I'm no fortune teller or biblical soothsayer that reads the future but I predict within a generation that Matariki will become New Zealand's third-biggest celebration after Easter and Christmas.

in our skies. I believe it will become bigger than New Year's Eve celebrations on December 31.



### A time for

- Remembrance - Honouring those we have lost since the last rising of Matariki
- Celebrating the present - Gathering together to give thanks for what we have
- Looking to the future - Looking forward to the promise of a new year

Huata said the Māori calendar is lunar-based and starts from the pre-dawn reappearance of the Matariki stars after they disappeared from the night sky a few weeks earlier.

"Wherever we live in New Zealand from the Cape to the Bluff we see

these Matariki stars from different viewing points and at different times so the celebrations occur a bit like the Mexican wave rippling across New Zealand for three weeks.

"It's a great wintertime celebration. Happy Matariki."

Iwi celebrate at different times and in different ways, however, the three main principles of Matariki remain the same ie remembrance, giving thanks and planning for the future.

Planning is currently under way across Hawke's Bay. All events are free, most will take place in public parks and CBDs and are expected to attract thousands of visitors from June 10 to 25, 2022.

The big reveal will be at the end of May.

**Ngati Kahungunu Iwi events manager Te Rangi Huata is excited about the recognition of Matariki.**

Photo / NZME

**Right: New street banners will fly in all towns and centres in Hawke's Bay during the month of June to mark the arrival of Matariki Pleiades.**



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Members of council's senior housing team joined Age Concern and others to deliver the packs recently, which were well received.

# Packs to help seniors prepare for Covid

**M**ore than 200 residents of Hastings District Council's senior housing units have been stocked up with essentials to help get through Covid-19 thanks to the Safer Hastings coalition.

Hastings District Council is the lead agency of Safer Hastings, Haumarutia o Heretaunga, a coalition of 30 partners working together to keep people safe in the community, in the home, and on the roads.

Within Safer Hastings, there is an Older Persons' Focus Group that is always looking for ways to support the older community in the district,

said Safer Hastings chairwoman and Hastings councillor Eileen Lawson. "We were considering putting together a grab-bag for them of essentials to have on hand in case of an emergency but then Age Concern, which is one of the coalition partners, suggested we put together Covid-19 wellness packs to distribute across our senior housing units."

The teams got to work and prepared enough packs to go around the 220 units in council's nine housing complexes. The packs contained the likes of Rapid Antigen Tests, tissues, sanitiser, electrolytes, masks and throat lozenges.

Age Concern Hawke's Bay manager Dairme Withers said they saw an opportunity to collaborate with other Safer Hastings partners to support the senior housing communities to be prepared for isolating.

"Working alongside our MSD partners for the community Covid response we recognised that empowering our senior housing communities to be prepared for isolating at home may provide a sense of confidence for them to continue accessing their community during this recent outbreak. This was a great example of how the Safer

Empowering our senior housing communities to be prepared for isolating at home may provide a sense of confidence for them to continue accessing their community during this recent outbreak.

Hastings coalition can respond to a community need and support some of our vulnerable community members."

NIKAU  
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KI  
KŌKŌWAI

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TE REO KA RERE

# Kahungunu and Rongomaiwahine

Tena koutou katoa. This dedicated page, Te Reo Ka Rere, supports the refresh of the education curricula in Aotearoa

**Mere Whaanga**

**PŪRĀKAU: Kahungunu and Rongomaiwahine**

**T**he story of the romance between Kahungunu and Rongomaiwahine has been told many times.

Kahungunu had heard reports of Rongomaiwahine's beauty and high birth, but when he arrived at Nukutaurua, on the Māhia Peninsula, he found she was already married to Tamatakutai. In an attempt to impress her people, he gathered vast quantities of fern root, tied them into bundles with vines, and rolled them down a hill. Such were the quantities that it became like a landslide, blocking the doors of the house.

Kahungunu then went up on to a hill and watched the karoro (shags) diving. He practised holding his breath, counting "pepe tahi, pepe rua, pepe toru . . ." (count one, count two, count three . . .) until the birds reappeared. Then Kahungunu went diving, holding his breath for as long

as the shags had done. He filled several baskets with enough pāua (a type of shellfish) for all the occupants of the village. When he surfaced from his final dive, he had covered his chest with pāua, and everyone was very impressed. The hill has since been named Puke Karoro.

Having gained the approval of Rongomaiwahine's people, Kahungunu set out to create discord between Rongomaiwahine and her husband Tamatakutai. One night he surreptitiously broke wind near the sleeping couple, causing an argument between them.

In the morning Kahungunu joined Tamatakutai in the sport of surfing in a canoe. After several trips Kahungunu took over the steering, and capsized it on a particularly large wave. Tamatakutai fell out and, unable to swim, was drowned.

**Kahungunu and Rongomaiwahine marry**

One day Kahungunu asked Rongomaiwahine to dress his hair for him. As she was fastening his topknot, the tie broke. Kahungunu took from his plaited belt some flax grown at Kawhainui, near Tauranga.

After softening the flax in water, Rongomaiwahine used it to tie his topknot. Kahungunu then stood up, and facing north said: "E te pūtiki wharanui o Tamatea i mahue atu rā i runga o Tauranga (Here is the binding broad-leaved flax of Tamatea that was left at Tauranga)."

It was from this remark that



**Kupu o te rā**

- Harakeke – Flax
- Kei hea tō pōtae harakeke? Where is your flax hat?

**Ketuketu kiwaha**

- Nui atu ngā ika o te moana – There are heaps of fish in the sea
- Nui atu! An idiom that is rarely heard today. It signifies that there is a lot of, there is plenty, there is heaps of whatever follows.

Rongomaiwahine and her people finally knew the true identity of Kahungunu, and he became her permanent husband. They settled at Maungakāhia, their pā at Māhia, where Kahungunu eventually died.

Many of Rongomaiwahine's descendants on the Māhia Peninsula identify themselves as Ngāti Rongomaiwahine rather than as Ngāti Kahungunu. They believe her to be of superior lineage. (https://

**Kei hea tō pōtae harakeke? Where is your flax hat?**

/teara.govt.nz/en/ngati-kahungunu/print)

**Whakatauki**

"Ā! Te pūtiki wharanui o Kahungunu a Tamatea (Ah, the topknot of Kahungunu, son of Tamatea)."

This was the exclamation of the people when for the first time Kahungunu's hair was dressed in the style of his father's and as a consequence he was recognised.

**Let's go to Church!**

**Flaxmere Christian Fellowship**  
220 Flaxmere Avenue, Hastings  
Main Sunday Meeting - 10:00 AM

The Flaxmere Christian Fellowship is a local Church which has been operating since 1980. Situated on Flaxmere Avenue it draws people from around the Hastings and Napier area. This Pentecostal Church was birthed out of the Charismatic renewal of the late 1970's. The main meeting is every Sunday morning starting 10:00. A Bible College also operates on Sunday evenings for those serious about advancing their knowledge of the Bible. Different groups run during the weekend which cater to youth and adults. Children's Sunday school classes run on a fortnightly basis during the Main Sunday service.

The Fellowship aims at reaching people with the Good News of Jesus Christ and the transformational power that message brings. It is involved with different programs in the community to help bring this to pass. The Flaxmere Christian Fellowship is also a strong advocate for the Jewish People's right to exist as an independent and sovereign state on their historical ancient land in Israel.

**Feel free to come and try us out!**  
**Main Sunday Meeting 10.00am**  
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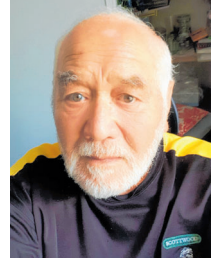
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From left: Bayden Barber, Haami Hilton, Melissa Ihaka, Hayden Hape, JB Heperi-Smith, Thompson Hokianga.

Bottom row: Hori Reti, Nigel How, Eru Beattie, Brian Ruawai-Hamilton.

# Meet your new board representatives

**A**t midday on Tuesday, April 26, the iwi elections were declared closed.

Of the 19,695 voting papers that were posted to registered iwi members, a total of 4113, or 20.88 per cent, were returned.

Of the returns, 1991 were received by post while 2122 were received online. At the Special General Meeting held on the same afternoon, independent elections returning officer Dale Ofsoske revealed the results of the election.

The meeting, although

virtual, was attended by 35 people in person, 72 via zoom and 1617 via Facebook.

**These are the new Ngāti Kahungunu Iwi Incorporated Board Members:**

- 1. Chairman Bayden Barber
- 2. Kaumatua Haami Hilton
- 3. Wairarapa, Melissa Ihaka (Alternate, Janishavorne Waipuka)
- 4. Tamaki Nui a Rua, Hayden Hape
- 5. Tamatea, John Barry (JB) Smith
- 6. Heretaunga Thompson

- Hokianga
- 7. Te Whanganui A Orotu, George Reti
- 8. Wairoa, Nigel How (Alternate, Naomi Wilson)
- 9. Taurahere (Northern), Eruera Beattie
- 10. Taurahere (Southern), Brian Ruawai-Hamilton

New board members include new chairperson Bayden Barber, Heretaunga representative Thompson Hokianga, Wairarapa alternate Janishavorne Waipuka and Northern Taurahere representative Eruera Beattie. Thompson and

Melissa Ihaka continues to be the youngest board member with Jenishavorne Waipuka as the alternate.

Jenishavorne are brand new to the iwi board while both Bayden and Eruera have been alternate board members in the past.

Eruera has been the alternate for Owen Purcell for the 2019-2022 board and

Bayden was the alternate to the late Christine Teariki, representing Heretaunga 2007-2010.

Melissa Ihaka continues to be the youngest board member with Jenishavorne Waipuka as the alternate.

Wairoa remains happy with their status quo outcome with Nigel How representing Wairoa and Naomi Wilson as the alternate.

Kaumātua Haami Hilton will continue his serve for the next three years.

The new board will gather to meet and be inducted at their first meeting on May 20.



TE AHO A MĀUI



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INA KITE KOE  
KA MŌHIO KOE

SEMESTER  
TWO  
STARTS  
18 JULY

# From heavy burden to inspiring others

Weight loss journey key to former EIT student helping others.

**L**osing a substantial amount of weight has been integral to former EIT student Paul Smith moving forward in life and helping others as well.

At the height of his own "food addiction", Paul was told by his doctor to take drastic action and make life changes or risk dying prematurely.

Fast forward a few years and that initial blunt advice has helped Paul, (Rakai Paaka-Ngāti Kahungunu), not only maintain a 60kg weight loss, but also completed the NZ Diploma in Health and Wellbeing (Applied Practice) [Level 5] at EIT's Tairāwhiti Campus. He is due to graduate later this year.

Paul, who has been working with Huringa Pai Charitable Trust for the last year, sees his role as supporting and helping his community achieve physical and mental wellness. The organisation is managed by the same person who supported him towards wellbeing, Dr Willem Jordaan.

Paul, 53, spent years working in New Zealand and Australia, but has now found his calling in the social services sector through Huringa Pai. This came about as a direct result of conquering his own food addiction and joining Ngāti Porou Houora as a kaiāwhina for the Puhī Kaiti community clinic.

However, it was while doing contract work on Christmas Island, off Western Australia, that he realised the severity of his obesity and how it was affecting him. Being away from family further complicated his ability to keep control of his erratic relationship with food. All this was compounded by basic healthcare and no moral support in the isolated location.

"I was morbidly obese and starting to really suffer the effects. I completed my contract and came home. I knew I wasn't well and could feel my body rebelling. I saw Dr Jordaan as a patient, and he said: 'Mate, if you don't lose the weight, you're going to be dead within 10 years.' That was a shock."

It was also true, because the next few months were spent in and out of hospital with obesity-related ailments. Paul's wife, Theresa, encouraged him to stop working



Former EIT student Paul Smith believes he is able to help others now that he has helped himself by losing weight.

to heal and in many cases, traverse the rocky path he has been down.

He enrolled in the NZ Certificate in Health and Wellbeing (Advanced Care and Support) [Level 4] in 2020. It was not easy, having been out of formal education for many years and mostly doing physical work.

"When I started, I had to get my head around the whole returning to study vibe. It was hard, but the way the programme was set up was perfect for me, because I could engage in the learning as well as continue to work."

Covid-19 was an additional challenge for both study and work.

"A lot of my clients are older people, so I would try to assist them as much as possible. Being an essential worker during the lockdown meant I was often more accessible than their own families."

Paul says his role is now focussed on working with patients referred to him by Dr Jordaan. Together they come up with achievable goals, including a diet plan.

"My role is to support people to achieve their goals. I can walk alongside them and show them how to do it because I struggled with the same issues they face. My experiences give me a little bit of credibility which I don't take for granted."

Claudia Maaka, Paul's lecturer in the Mental Health and Addiction programme at EIT, says: "Paul was a strong-minded student with a huge passion and love for helping whānau in the community of Te Tairāwhiti."

"Paul used his life experiences to help build understanding and perspective about Mental Health. As a student he would always ask when he was unsure about anything and always sought clarity which is an important skill to have when working in the sector."

The Head of the School of Health and Sport Science at EIT, Ondene van Dulm, says: "Paul exemplifies the chief aim of EIT's Mental Health programmes in our region, as he has paired his own life experience and incredibly strong motivation with new knowledge and skills, in order to help others in his community."

My role is to support people to achieve their goals. I can walk alongside them and show them how to do it because I struggled with the same issues they face. My experiences give me a little bit of credibility which I don't take for granted.

altogether to focus on regaining his health. It was not just about losing the weight but rediscovering himself.

With the support of a kaiāwhina appointed by Dr Jordaan, Paul started exercising regularly and, with the initial help of a nutritionist, began a healthy eating regime. He had to lose 30kg on his own before being eligible for bariatric surgery. At his heaviest, Paul was 181kg, at his lowest 108kg.

"For the last few years I have maintained a very healthy 121kg, which is fine for someone with my big frame because I run, walk or swim on a daily basis. My uncontrolled compulsions with food are a thing of the past."

Paul no longer carries a heavy burden and is now nimble and light enough (physically and emotionally) to focus on helping his community

## USE YOUR COVID-SENSE

**KIA MATAARA**  
BE VIGILANT



**KIA HAUMARU**  
BE SAFE



**KIA ATAWHAI**  
BE KIND



**KIA TŪPATO**  
BE CAREFUL

*"Kahungunu Living Longer"*

PROTECT YOU, PROTECT YOURS, PROTECT US

AUNTY'S GARDEN

# Recalling the days of old school yard

I loved every moment of my school days back in the 1950s at Mangateretere and in the 1960s at Hastings Girls' High School.

Mangateretere was a country school where families from Te Mata Road, Napier Road, Waipatu, Whakatū and Kohupatiki attended either by bus, bicycle or by foot.

Mr Harrison was the headmaster then. A short man, quite strict and stern looking. He gave me the strap for taking an orange off the huge tree that grew right in our faces.

I thought that was mean of him, as we all stole from that tree.

The camaraderie that we had at that school was amazing.

Orchardists' kids, and farmers' kids plus the business families and those from Whakatū were a great mix and we got on well together.

The grand marches, we had to practise every morning, round and round the quad, finally forming a grand circle, to be performed at the assembly hall at our annual fancy dress ball... and the bottles of milk that we had to drink on a daily basis after they'd been sitting on the concrete in the hot sun.

My first day at Hastings Girls' High School, while sitting on the grass having my lunch, this older girl came up to me, and me minding my own business reading my comic, she took it from me. I stared at her and thought, what a cheek, but I never said a word. I found out later on that she was a

prefect and that comics were not allowed.

Miss Constance Miller, our principal, was small, petite, yet powerful. She commanded respect and returned it to the students. Assemblies every morning were meaningful as we received instruction, music appreciation and generalities for the day. Some outstanding teachers you might remember were Miss Kasky – English; Miss Hane – maths; Mr Vogel – French; Mr Fuller – art; Miss Cooper – geography; Miss Hickey – social studies; Mrs Parks – science... just to name a few who helped me learn for the future.

Education is a must in today's world of shifting values and upheaval, which can be overcome with the importance of family life.

Aunty's Garden is an outdoor place of education with on-the-job training given to all who might want to come, you are all most welcome.

## PERSIMMON and FELJOA SPONGE

### Ingredients

- 2 persimons
- A bowl of feijoas
- 125g butter
- ¾ cup sugar
- ¾ cup flour
- 2 tsp baking powder
- ½ cup of warmed milk
- 2 eggs



### Method

Cream butter and sugar, add eggs and milk, flour and baking powder – mix well. Scoop out the feijoas, then peel and slice the persimmon. Pop into the baking dish (no sugar needed). Spread into your baking dish and

**Persimmon and Feijoa Sponge is delicious with whipped cream and vanilla icecream.**

pop into the warmed oven for 10 minutes to lightly cooked. Pour the sponge mix over top of the fruit, spread evenly and bake at 180 degrees for 20-25 minutes.

Delicious with whipped cream and vanilla icecream.

# Coming soon to Toitoti

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**Jun 29** **Dinner with Alexia Hilbertidou**  
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**Aug 10** **HBAF Taster: Troy Kingi with Delaney Davidson – Black Sea, Golden Ladder**  
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**Aug 12** **HBAF Taster: Che Fu & The Kratez – Return of the Navigator**  
8pm, from \$45.10

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Hawke's Bay Arts & Events Centre

# Last day operating for Hastings shop

**O**n April 27, 2022, Takitimu Seafoods leaders met with staff to present a restructure proposal to downsize the business and avoid further financial loss.

This was followed by a comprehensive communication rollout to inform stakeholders, consumers and the wider public.

Staff were encouraged to provide feedback to the proposal. All information has been gathered for the Takitimu Seafoods advisers to discuss before further progression.

Kahungunu Asset Holding Company (KAHC) business manager Rawinia Lewis is leading the restructure process alongside human resources consultant Lynette Blackburn of GROW HR, under the guidance of the KAHC directors Trevor Moeke, Barry Wilson, JB Heperi-Smith, Takitimu Seafoods Board chairman Ngahiwi Tomoana and senior adviser Alan Riwaka.

"This has been no small task and

Takitimu Seafoods staff have been extremely patient and cooperative in the process," Lewis said.

If the restructure goes ahead, more than half of the current 70 staff at Takitimu Seafoods will lose their jobs.

"Support systems are in place to help those affected to find future employment – a 'Manaaki Centre' set up by Ngāti Kahungunu Iwi Incorporated will provide support to those staff needing help to cope with the changes and to introduce them to other employment opportunities," Lewis said.

With the auction sale of the Hastings shop in April, Sunday, May 8, was the last operating day at the Hastings Takitimu Seafoods Shop on Heretaunga St.

The proposed restructure includes plans for a new and fresh operation.

**Sunday, May 8, was the last operating day at the Hastings Takitimu Seafoods Shop on Heretaunga St.**



Since its purchase in April 2019, Takitimu Seafoods has been the flagship for Ngāti Kahungunu.

It is the manifestation of a vision held by Ngāti Kahungunu elders 30 years beforehand – the vehicle that connects iwi members and whānau to their fishery assets and rights settled nearly 20 years ago.

While the first year of operation was not without its struggles, all sales outlets (wholesale, export, retail and online) were relatively successful.

The first sign of Covid-19 hitting Takitimu Seafoods was January 2020, when the cancellation of the Chinese New Year ceased all export sales of

## BACKGROUND INFORMATION

crayfish and seafood to China. A major export channel for Takitimu Seafoods had all but stopped overnight.

What followed was the collapse of international export markets, followed soon after by the domestic wholesale markets as lockdowns dragged on, and Auckland lockdowns became a regular occurrence. It was a source of great pride for Takitimu Seafoods that it was deemed an essential service, and the pivot to online meant that staff could remain

employed, and some revenue could be realised during the lockdowns.

During that time, Takitimu Seafoods also landed and processed thousands of kilos of fish as pātaka for whānau who were impacted by the lockdowns.

But despite the change in focus, it has not been able to recover. Fish stockpiled across the country while beleaguered markets, increased competition and difficult logistics channels failed to deliver what was needed for Takitimu Seafoods to

survive in its current form, let alone thrive.

Despite best efforts Takitimu Seafoods reported a significant loss for the 20/21 year. This year it is forecasting a further loss. Significant measures are needed in order to keep the dream of Takitimu Seafoods alive.

On April 27, 2022, Takitimu Seafoods leaders met with staff to present a restructure proposal to downsize the business and avoid further financial loss. This was followed by a comprehensive communication rollout to inform stakeholders and the wider public.

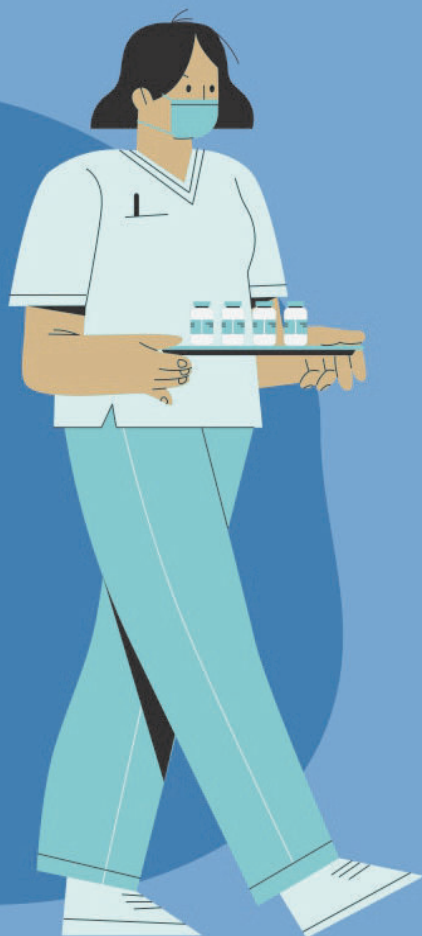


**E katingia ana a  
TAKITIMU SEAFOODS  
ki Heretaunga,  
ā, hai te raumati tuwhera anō ai.  
E neke ana mātau. Mātakitakingia tā  
mātau whārangi Pukamata.**

**The HASTINGS  
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